



Transforming workplace communication challenges since 2002

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Education

MA – Speech Communications, Western Washington University
BA – Drama, University of Washington

Services include workshops, keynote presentations and coaching.

- o Authorized Provider for Fierce Conversations®
o Customer Service On-site Training
o Delivering Compelling Presentations
o “How Not to Get Shot!”! [Courtesy of Michael Grinder & Associates]
o Managing Emotions in the Workplace
o Supervisor Skills Series
o Right-Brain Fitness™; Laughter Yoga
o Team Interactives: Communicate, Collaborate and Innovate

Affiliation

- Applied Improv Network
• American School of Laughter Yoga [Certified Laughter Yoga Leader]
• American Society of Training & Development – Cascadia Chapter
• Chambers of Commerce: Albany; Corvallis-Benton County; Springfield
• Mid-Willamette Human Resource Association – Board Member; SHRM
• National Speakers Association
• Toastmasters International, CC

Partial Client List (References upon request)

- Oregon Bankers Association
City of Corvallis
Bridgeway Recovery Services
Samaritan Health Plan Operations
Oregon State Personnel Management Assoc.
Willamette Dental Group
Mid-Willamette Human Resource Assoc.
Linn-Benton Community College
PEAK Internet
Citizens Bank
Society of Women Engineers
Cascade Employers Association
Selmet
Johnstone Supply
Samaritan Health Services
Samaritan Albany General Hospital
Geary Street Clinic
Corvallis Community Service Consortium
OSU AMBC (Ag & Marine Science Business Center)